

Orgyan Dzong Rules of Conduct

In order to create and maintain a supportive environment for individuals to develop loving-kindness and compassion toward all sentient beings and realize the luminous nature of mind, we ask that everyone visiting the Centre abide by the following rules of conduct:

1. Do no physically harm any living beings, including insects.
2. Practice mindfulness and silence. Do not bother other guests or residents while they are in retreat and do not engage in idle gossip.
3. No smoking or vaping on the property, either indoors or outdoors.
4. Do not use intoxicants such as alcohol and recreational drugs.
5. Do not engage in sexual behaviour of any kind while at the Centre.
6. No burning of candles, incense, and other combustible substances.
7. Please do not bring your own pets.
8. Turn off lights when not in use. Please conserve electricity. No hair dryers or electric kettles.
9. Use ear buds or head phones when listening to audio recordings or participating in online teachings.
10. Do not remove room items and respect private property. Do not take what hasn't been given to you.
11. Please respect the directions of the Centre's volunteers and representatives.

You will be asked to leave if you refuse or disregard these rules.